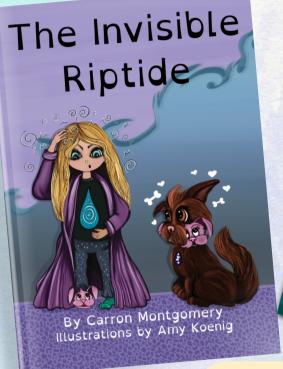
## Meet the Author

Carron Montgomery



Karma Care 1414 Rangeline St, Suite B Columbia, MO June 22nd from 12-3 Dyslexic Friendly Font







# The Invisible Riptide is

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### A Must-Read for Children Navigating Anxiety and Worry

When Stella wakes up with a swirling-whirling feeling in her belly her mom is skeptical and doubts it's serious. However, her pediatrician recommends seeing Ms. Tina, a therapist. With Ms. Tina's help, Stella learns about her feelings and shares her insights with teachers and friends, sparking a wave of empathy and support throughout her community.

theinvisibleriptide.com

#### **About Carron Montgomery**

Carron Montgomery is a Licensed
Professional Counselor, Registered Play
Therapist, and EMDR Level II-trained
trauma specialist. With over a decade in
private practice, she focuses on treating
anxiety, depression, OCD, trauma, grief,
and loss. Carron began her career aiding
sexual abuse survivors and low-income
families at two nonprofits, advocating
strongly for community wellness

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